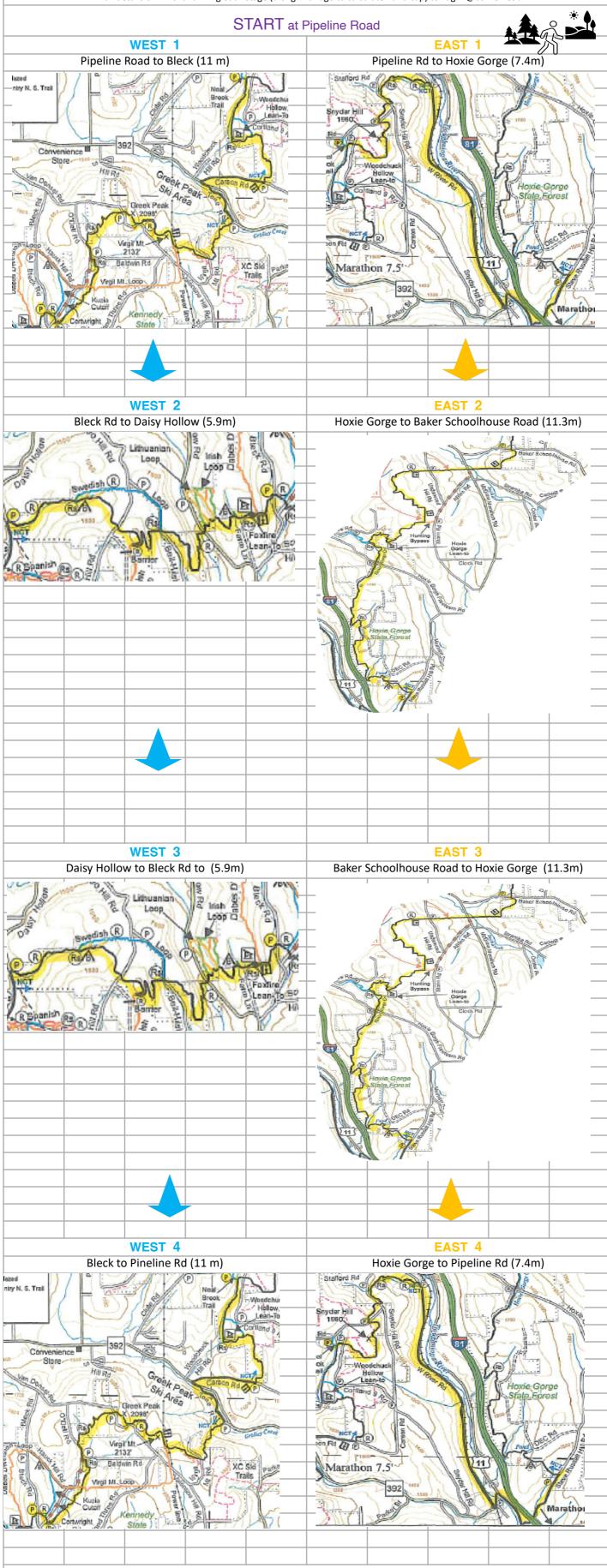
Staging will begin and end at the Gravel Pit on PIPELINE ROAD in Virgil on Sept 23, 2023.

Two runners from each team will begin simultaniously in opposite directions to cover all 8 stages (71.2 miles).

The first two runners will begin with a handicap time calculated for the entire team, each runner will continue as a true relay handing off to their teammate to allow next runner to begin. Teams must consist of at least 4 people.

 $Email\ details\ on\ who\ is\ running\ each\ stage\ (along\ with\ age\ to\ calculate\ handicap)\ to\ kag22@cornell.edu$



FINISH at Pipeline Road

